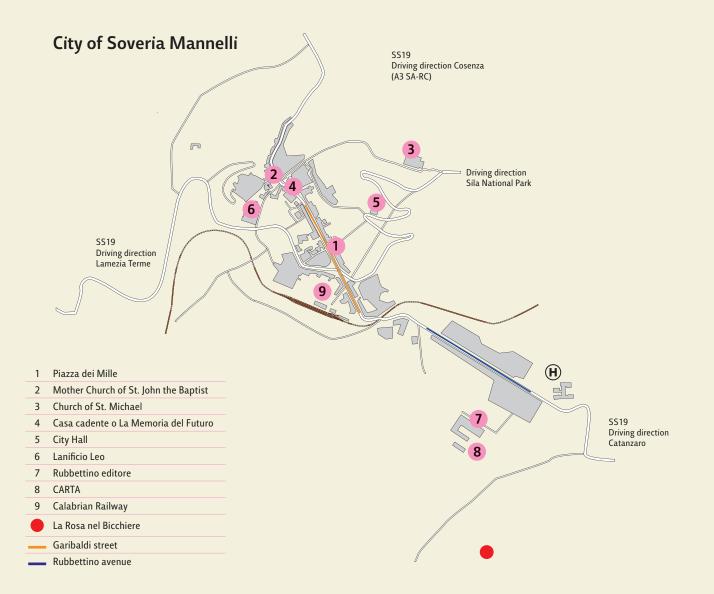
la**rosa** nel**bicchiere**

A short guide to surroundings and useful information



Surroundings Lamezia Terme 0 Catanzaro A

1 Abbey of Corazzo

2 Beech forest of Mount Condrò

3 Mount Reventino

City of Soveria Mannelli

7

Welcome to **La rosa nel bicchiere** (*A rose in the glass*, so named after the famous poem of the Calabrian poet Franco Costabile), a place where you will feel the warmth of hospitality expressed through smiles and simple gestures, such as those of the housewives of this land who, after finishing all their chores, adorned their homes with a rose placed in a glass.

We are immersed in the silence of about 10 hectares of surrounding woodland. Here, nature preserves the charm of the past. The presence of the trees dominates every glimpse of the landscape, endowing it with a sense of mystery that is typical of mountain forests, further enriched with the reassuring brightness of the Mediterranean vegetation. It is the ideal place for a holiday or even a day of rest, cutting off from the daily routine.

Behold the dominating scenery of Mount Reventino that appears before you: to its right, Serra Alta, to the left, Mount Condrò, with its beautiful beech forest, one of the most beautiful in Calabria, characterised by great, silver columnar trunks, even up to 35 metres high.

The old, recently restored peasant houses and farmhouse, with their solid yet simple beauty, stand as silent guardians of a timeless story.

Our restaurant offers traditional dishes, but with an eye on innovation. You can taste the best wines and find the most important Calabrian labels.

Apples, pears, cherries, chestnuts, forest berries, dairy products and various vegetables all come from the farm.

We are located in Soveria Mannelli, the main town of the Reventino area, an environmental jewel located on the border between the provinces of Catanzaro and Cosenza.



"I left Nicastro before sunrise. We went towards the mountain to the north of the city and entered a dense forest near the plains covered with oak and, higher up, chestnut trees (...). It was almost noon when we reached the peak of the highest mountain that was on our way and we went back down again along a stretch through vast woods of tall chestnut trees (...). Sometimes the forest was interrupted, suddenly coming across a clearing that unravelled a scenery made of high mountains, forest-covered valleys, towns, villages and a vast stretch of the Tyrrhenian Sea. This landscape was frequently encountered and always with new enchantments".

This is perhaps the most beautiful description of the natural landscape of the Reventino mountains among those contained in the ancient travel chronicles on this area of Calabria. It is due to Henry Swinburne, English writer and illuminist who in 1778 explored Calabria in the length and breadth, capturing what is still possible to admire today and above all, the most singular element of this short mountain ridge: the mystery of primordial forests nestled as jewels between the two seas of the Magna Graecia myth. The origins of Soveria Mannelli date back to the 17th century. Two historical facts of international interest occurred here:

the insurrection against the French occupiers on March 22nd 1806 (the so-called Soveritani Vespers) and the Bourbon surrender to Garibaldi. The insurrection against the French, recalled by a plaque placed near the so-called Fontana dei Francesi (Fountain of the Frenchmen), was the spark that prompted the entire region to the anti-French uprising. The surrender of the 12,000 bourbon soldiers under General Ghio occurred on the night of 31 August 1860. An obelisk was erected in **Piazza dei Mille 1** bearing the words of the telegram sent by Giuseppe Garibaldi to Piedmont: "Tell the world that together with my good Calabrians, I had a column of twelve thousand Bourbon soldiers lay down their arms". The diligence of stonemasons coming from the neighbouring mountain centres of the Cosenza area has characterised the historical centre of Soveria Mannelli, rich in stone portals mainly built in the 18th century. The portals of the two churches of San Giovanni Battista (St. John the Baptist) 2 and San Michele (St. Michael) 3 are attributed to the same artisans. Importantly decorated with eighteenth-century stuccoes, the architectural nave of the Mother Church of San Giovanni Battista houses important eighteenth-century Neapolitan wooden statues, including the remarkable bust of St. John and the Immaculate, both created from the school of Giuseppe Sanmartino, author of the famous Veiled Christ



Church of San Giovanni Battista of Naples. Equally valuable is the high altar in polychrome marble coming from the abbey church of Corazzo together with the Holy Water font installed by the first pillar to the right, near the bronze-gated balustrade. The work, one of the most refined in its kind in the region, is due to the Neapolitan Pasquale Sebastiano, who built it around 1763. A small altar built with the same marble, also coming from the aforementioned religious complex, is located in the chapel of the Addolorata (Lady of Sorrows), in the Church of San Michele, whose decorations are also due to the painters Diego Grillo and Carmelo Zimatore. It houses a precious wooden statue dedicated to the Archangel created by the famous Neapolitan sculptor Francesco Antonio Picano in 1723 that, according to tradition, comes from the same abbey. You can also see significant works of contemporary art in Soveria Mannelli; among these, the works known as La Casa cadente (The Falling House) or La Memoria del Futuro (Memory of the Future) 4, located in Piazza Bonini and created according to the project of Fabrizio Plessi. Over the years, the halls of Palazzo Comunale (City Hall) 5 have also undergone artistic interventions of considerable importance, such as the great entryway installation of Mimmo Rotella, which also includes a work of the painters Aldo Turchiaro and Maria Grandinetti Mancuso. A work created



Memory of the Future by Fabrizio Plessi by Cesare Berlingieri is located in the mayor's office while a fresco by Dolores Puthod is the background of the City Council Chamber. Elegant Art Nouveau constructions are seen along Corso Garibaldi standing as evidence of the development that the city underwent in the early decades of the 20th century. Do not miss the **Lanificio Leo 6** woollen mill. an actual business museum. It is the oldest wool factory in Calabria, whose foundation dates back to 1783. This manufacturing complex is a sensational example of integration between museum logics and company dynamics, featuring a perspective on recovering knowledge linked to the ancient productions and related to a strong spirit of innovation. The nineteenth-century machinery represents a precious industrial heritage of textile and technological culture. Even today, the company carries out a closed production cycle in a 1,000 sq. m. establishment: from the processing of wool into yarn to weaving, from the finishing to its packaging. The machinery includes all working pieces ranging from 1890 to 1965 and about 300 casts of the late nineteenth century, carved in pear wood, with which the handmade rust printing is made. Every year, events and artistic-cultural events take place inside the factory.



LANIFICIO LEO Tel. +39 0968662027 - www.lanificioleo.it - info@lanificioleo.it. Visits: Monday-Friday 9-12 and 14:30-17; Free admission

In the factory of the **Rubbettino 7** publishing house, you can visit the innovative editorial production centre where you can see all the phases of design and realisation of the book chain. As well as contributing to the understanding of a fundamental element of the social, political and artistic history of Calabria, Rubbettino publications represent one of the most original and innovative proposals of Italian publishing.



RUBBETTINO (Via Gabriele Costanzo - Tel 09686664201 Visits: Monday-Friday 9-12 and 14:30-16 Free admission).

CARTA Museum 8 was inaugurated in June 2024. It's the modern expression system which Rubbettino uses to connect to the world. It's a project that emphasizes the enterprise-culture relationship on which Rubbettino has built its entrepreneurial vision. The museum is located in the same building of the factory. It consists mainly of the Corporate Museum and of the Contemporary Art Park. It's constantly animated with numerous cultural events.

CARTA Corporate Museum aims to be an elective place of the Italian expertise. It has been created to preserve and

pass on the wealth of manufacture and corporate values which characterize Rubbettino. The visit itinerary runs along a 1000 sq. m. indoor area in which visitors are introduced to the history of the book and printing, to the history of the paper and of other materials used for typography. It's an edutainment experience enriched with multimedia contents, creative labs and exhibitions. CARTA Contemporary Art Park is placed in a large green area of 12.500 sq. m. close to the Rubbettino production plant. Here contemporary art dialogues with the company culture through a permanent collection of works created by international artists after artist's residences in Soveria Mannelli.





CARTA Corporate Museum and Contemporary Art Park Book your tour at the number +39 09686664270 or via email cartaQ7ubbettino.it

You can reach Catanzaro and the many small mountain villages scattered along the route from the small train station of the **Calabrian Railway** ⁽⁹⁾ It is a historic railroad that runs through wonderful landscapes, valleys and enchanted woods.



Ferrovie della Calabria (Soveria Mannelli station - Via Colosimo Sante www.ferroviedellacalabria.it) Soveria Mannelli is the starting point of the **Reventino-Savuto Cycle Path**, an immersive route through the most unexplored inner part of Calabria. It's a ring which reaches 14 towns in the districts of Catanzaro and Cosenza and which is inserted in the Calabrian Park Cycle Path.



cicloviars.viatoribus.com



Abbazia di Corazzo (Abbey of Corazzo)

(Municipality of Carlopoli, 5 km. away from the farmhouse)



The ruins of the ancient abbey of Corazzo are majestically imposing in the Valle del Corace (Corace Valley); founded in 1060, it reached its maximum splendour under the abbot Joachim of Fiore in the first half of the thirteenth century. The current remains mainly date back to the eighteenth-century reconfiguration, started in 1757. The historian Emilia Zinzi called the abbey of Corazzo a successful application of the "progetto di San Bernardo" (Saint Bernard project): the main representative of the Cistercian Order and a great moment in the architectural history of the Italian and European Middle Ages. The space for prayer represented by the church and the oratory, the space for study, for charity, for the shelter of the poor and of pilgrims and especially the space for work and production, make the abbey a real "city of God". The first Columbanus abbot succeeded Joachim of Fiore in 1177. The new church, consecrated in 1769, along with the entire complex, suffered serious damage due to the two disastrous earthquakes of 1635 and 1783. The Napoleonic Decree

suppressing religious orders issued in 1807, and the spoliation of the furnishings and furniture, determined the complete abandonment of the structure.

Faggeta di Monte Condrò (Beech forest of Mount Condrò)

(Municipality of Serrastretta, 20 minutes from the farmhouse)



Mount Condrò features one of the most beautiful beech tree forests in Calabria, characterised by large, silver columnar trunks, even up to 35 meters high. This area is also characterised by extensive formations of larch pines and a forestation of white fir, a species that was introduced with the reforestation of deforested land. The soil of this beech tree forest is exclusively covered with a soft layer of dried leaves, fallen from the same trees. Nothing else! This is due to the foliage of the trees, so dense and wide that the rays of the sun never shine on the ground below, impeding other plant life from growing. It is quite unlikely to come across reptiles on such a soil and almost impossible to see vipers. It is the ideal place to enjoy the fresh temperatures offered by these centuries-old giants. You can lay down on the foliage, in complete peace, close your eyes and... listen to the silence of nature! The flowing creeks and streams sweeten the sublime ecstasy of this place with their melody, also creating small enchanting gorges and suggestive mini waterfalls.

Monte Reventino (Mount Reventino)

(Municipality of Platania, 20 minutes from the farmhouse)



The sea and the mountains, the abysses and the peaks: they may seem like different environments but in Calabria, there is a massif, the Reventino, which brings them together as few can in the world. Indeed, from its woods, you can even enjoy the view of the two seas and even some islands. In fact, the wavy profile of Reventino territory overlooks the parawast part of the pagingula, the Marcellinger isthmus

narrowest part of the peninsula, the *Marcellinara* isthmus, between the Ionian and Tyrrhenian seas, just 30 kilometres away.

Food and wine tours



Thanks to a generous undergrowth, Soveria Mannelli is a land rich in mushrooms and chestnuts and the local restaurants take advantage of this opulence by serving a variety of really delicious dishes (both first and second courses). Potatoes of the Sila area are also very widespread. Among the locally produced cheeses, the ricotta is surely noteworthy. Then there are the very fresh vegetables grown in private gardens. The following are just some suggestions of the companies you can visit and buy typical products

Antichi Sapori di Montagna

Processing and preservation of fresh, dried, deep-frozen, pickled and in-oil mushrooms Via Colicella, 8 - T. +39 0968 662690 www.antichisaporidimontagna.com

Artigiana Funghi di Belmonte

Processing and preservation of fresh, dried, deep-frozen, pickled and in-oil mushrooms Via Scaglioni, 21 - T. +39 0968 662144 www.artigianafunghi.it Bontà di Calabria Processing and preservation of typical products of the Calabrian territory Via Colicella, 10 - T. +39 0968 662715

CI.MAI Processing and preservation of fresh, dried, deep-frozen, pickled and in-oil mushrooms Via Colicella, 2 - T. +39 0968 662396 www.cimai.it

lacef Artisan canning and mushroom industry Via Dottor Cimino, 237 – T. +39 0968 662126

Luna Funghi Fresh, processed and in-oil produced mushrooms Via Campo Sportivo – T. +39 0968 662464 www.lunafunghisrl.it

Luna selezioni Market of the best local Calabrian products Via Petramone 2 www.lunaselezioni.it

Sila Funghi Processing and preservation of in-oil products Via Colicella, 25 – T. +39 0968 662729 www.silafunghi.com

Pastificio Cardamone Production of homemade pastae Via Falbarelli, 56 – T. +39 0968 666128

Bars, Ice cream parlours, Pastry shops

Belmonte Caffè Viale Rosario Rubettino, 73

Bar Cardamone Piazza dei Mille, 12

Bar Pasticceria Colosimo Corso Garibaldi, 171

Pascuzzi Bar Piazza Bonini, 4

Pasticceria EG Corso Garibaldi, 210

Market

On Corso Garibaldi and Viale Rubbettino (village centre), you can find several shops. The Reventino Mall is located in the industrial area in Scaglioni (only 700 metres from the holiday farmhouse).

Informazioni utili

Ospedale Civile (Community Hospital) Viale Rosario Rubbettino Soveria Mannelli - T +39 0968 662171 numero di emergenza 118

Farmacia Scavelli (Pharmacy) Viale Rubbettino, 27 - T +39 0968662798 - www.farmaciascavelli.it

Comando Compagnia Carabinieri (Police Headquarters) Viale Rosario Rubbettino T +39 0968 661100 - numero di emergenza 112

Ferrovie della Calabria (Calabria Railroad System) Via Colosimo Sante T +39 328 239111 - www.ferroviedellacalabria.it

Aeroporto Internazionale di Lamezia Terme "Sant'Eufemia" (International airport) Via Aeroporto 88046 Lamezia Terme - T +39 0968 4141

Ferrovie dello Stato-Trenitalia Lamezia Terme Centrale (National Railroad System – Lamezia Terme Central Station) Via del Mare Lamezia Terme - T +39 0968 51820.



7

La Rosa nel bicchiere Località Polso 88049 Soveria Mannelli CZ, Italia

+39 0968 666 668 +39 349 68 86 589 info@larosanelbicchiere.it www.larosanelbicchiere.it Welcome to La rosa nel bicchiere (A rose in the glass), a place where you will feel the warmth of hospitality expressed through smiles and simple gestures, such as those of the housewives of this land chores, adorned their homes with a rose placed in a glass.

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